# The BrickHouse Massage and Coffee Bar Full Menu of Services

# **MASSAGE & BODY TREATMENTS**

# **Insurance Covered Massage**

Call for more information and for

verification of benefits

We accept most medical insurances as well as Personal Injury Claims and L&I Claims for Therapeutic Massage benefits. Please be prepared to provide us with your insurance information when you schedule your appointment so that we can verify your benefits.

Deep Swedish Therapeutic Massage

60 minutes \$75

90 minutes 105

Our specialty! You'll find this massage is the perfect combination! A therapeutic massage that combines tension relieving techniques with the most relaxing Swedish massage strokes. Each massage is unique and specific to your needs... just what the doctor ordered!

Deep Tissue or Sports Therapeutic Massage

60 minutes \$75

90 minutes \$105

Add \$10 for Extremely Deep Tissue

A therapeutic massage that uses specific and targeted tension-relieving techniques, often focusing on an area of chronic pain. Sports massage includes stretching and active release techniques that are beneficial for the occasional athlete as well as those training for an event.

Swedish Relaxation Massage

60 minutes \$75

90 minutes \$105

A traditional relaxation massage that uses long relaxing strokes to reduce stress and muscle soreness, while increasing circulation and promoting complete relaxation. This massage is typically light to medium pressure.

**Pregnancy Massage** 

**60 minutes** \$85

90 minutes \$115

A serene journey for the mother-to-be, our pregnancy massage promotes relaxation along with the relief of aches and pains. This massage is done in a side-lying position while supported in a cloud of pillows to ensure optimum comfort.

**Hydrotherapy Massage** 

**60 minutes** \$85

90 minutes \$115

In our unique hydrotherapy treatment, hot and cold towels are alternated on a specific area of chronic pain and then combined with deep tissue techniques. Especially effective for stubborn aches and pains as well as extremely tight muscles.

**Hot Rock Massage** 

**60 minutes** \$85

90 minutes \$115

This is an amazingly relaxing treatment using hot, smooth basalt stones to "melt" the superficial layer of muscles and penetrate deep into the muscle tissue, easing tension and promoting circulation. A favorite for those who like a little variation to the traditional massage.

**Couples Massage** 

60 minutes \$150

90 minutes \$210

Enjoy the ultimate in relaxation side-by-side in the same room with someone special! Whether it's your sweetheart, your sister or your best friend, this is a great way to enjoy some quality time relaxing together or celebrating a special event. See the <u>'Seasonal Specials'</u> on our website for our popular Couples Packages that are on sale for the season and include your favorite Latte, Truffle and a signature Take-Home Gift!

### **Express Table Massage**

### 30 minutes \$45

For the client who doesn't have much time or only needs some specific body work. This massage is an abbreviated version of our longer full body massages and includes intense focus only on the areas that need it the most.

## **Exfoliating Body Polish**

# 30 minutes \$55

Your choice of a salt or sugar body scrub that gently and effectively removes rough, dead skin cells. This treatment will leave your skin feeling moisturized, rejuvenated and refreshed with a vibrant glow. Includes a shower.

# Full Body Mud Wrap

### 30 minutes \$60

Enjoy the benefits of our intensely moisturizing wrap as you are painted with warm, nourishing vegetable mud and wrapped in thermal blankets to allow you to fully relax and detoxify. Drift away as your scalp, neck and face are gently massaged. Includes a shower.

# Full Body Herbal Wrap

### 30 minutes \$60

Experience the benefits of being wrapped in health-promoting herbs such as eucalyptus, juniper, rosemary, and lavender. This treatment is very warm and relaxing and will help to detoxify, cleanse, and renew the system.

# **MASSAGE AND BODY ADD-ONS**

Exfoliating Body Polish	\$45 (when added to a massage)
Full Body Mud Wrap	\$50 (when added to a massage)
Full Body Herbal Wrap	\$50 (when added to a massage)
Hot Rocks	\$10
Hydrotherapy	\$10
Extremely Deep Tissue	\$10
Hot Paraffin Dip for hands or feet	\$10
Seasonal Aromatherapy	\$10
Any Gourmet Drink from the Coffee Bar	ask for pricing
Upgrade to a 'Seasonal Package'	\$10
(includes Latte Truffle and Take-Home Gift)	

# **FACIALS**

### **BrickHouse Custom Facial**

#### 90 minutes \$125

For the discerning client who wants all of the very best products and treatments for healthy, glowing and vibrant skin. Get the ultimate in relaxation while your skincare concerns get extra attention. This custom facial allows ample time to focus on areas such as: anti-aging, deep cleansing, ultra-hydrating, calming, acne and problem skin. This facial also includes plenty of massage for your face, scalp, neck, arms and feet plus our moisturizing Velvet Hands Treatment.

### BrickHouse Signature Spa Facial

#### 75 minutes \$105

A truly luxurious experience. Our organic Hungarian facial rejuvenates skin, sweeps away dead skin cells and leaves the face glowing with intense hydration. Each signature facial is specially customized to meet your needs and includes 3 treatment masques plus relaxing massage of the face, scalp, neck, arms and feet. This facial also includes our moisturizing Velvet Hands Treatment.

### BrickHouse Classic Facial

### 60 minutes \$85

Experience a gentle cleansing, exfoliation, and hydration of your skin. The classic facial is customized with organic products made from fresh plant essence and includes two revitalizing treatment masques and relaxing massage of the face, neck, scalp and arms.

# **BrickHouse Express Facial**

### 45 minutes \$65

Nourish, hydrate and revitalize your skin with our Express Facial. This treatment includes one treatment masque customized to fit your skin care needs along with a bit of relaxing massage of the face, neck, and shoulders.

# **FACIAL ADD-ONS**

Extractions	\$15 <b>+</b>
Citrus Enzyme Lip Exfoliating & Plumping Treatmen	t \$20
Age-Defying Bright Eyes Treatment	\$20
Hot Paraffin Dip for Hands	\$10
Any Gourmet Drink from the Coffee Bar	ask for pricing

Upgrade to a 'Seasonal Package' \$10

(includes Latte, Truffle and Take-Home Gift)

# **MANICURES & PEDICURES**

# BrickHouse Signature Spa Pedicure

#### **75 minutes** \$**70**

The absolute ultimate in pampering for your feet! Enjoy a comforting warm soak in our Spa Pedicure chairs, followed by an exfoliating sugar scrub, with clipping, trimming and buffing of the toenails. After therapeutic reflexology massage of the feet and lower legs, top it all off with a hot paraffin dip or mud masque for your feet and the polish of your choice. (French Polish and Nail Art are additional)

Classic Pedicure 50 minutes \$48

You'll love how good your feet feel... and how good they will look after this relaxing treatment. Enjoy a relaxing soak, an exfoliating scrub, a hydrating massage, clipping, trimming and buffing of your toenails. Then finish it off with the polish of your choice. (French Polish and Nail Art are additional)

#### **Sports Pedicure**

### 40 minutes \$38

For those who want great looking feet without the polish. Enjoy a warm foot soak, exfoliating sugar scrub, clipping, trimming and buffing of the toenail, topped off with a fabulous foot massage.

### **Brilliant Nails Manicure**

### **50 minutes \$45**

If you love the look of a natural manicure but get frustrated with how quickly the polish comes off, you will love this mani! It's the latest in Gel Polish technology. It goes on just like a regular polish, then cures under a UV light for a natural manicure that dries completely in minutes and lasts for a full 2 weeks. (requires professional removal)

### **Brilliant Nails Removal**

#### 20 minutes \$10

A quick soak and voila!... your Brilliant Polish is gone without compromising your natural nail bed. We'd be happy to re-apply them for you.

### BrickHouse Signature Spa Manicure

### 60 minutes \$55

This luxurious pampering for the hands starts with a warm bubbly soak and exfoliation, followed by a long therapeutic reflexology massage of the hands and forearms, clipping, trimming and buffing of the fingernails. Finish up with a hydrating hot paraffin dip or mud masque for your hands and the polish of your choice. (French Polish and Nail Art are additional)

### Classic Manicure 35 minutes

Includes a warm bubbly soak, exfoliation, clipping, trimming and buffing of the fingernails followed by a therapeutic massage of the hands and forearms. Finish with the polish of your choice. (French Polish and Nail Art are additional)

# Sports Manicure 25 minutes \$25

Freshen up your hands without the polish. Start with a warm-water soak, exfoliation, clipping, trimming and buffing of the fingernails. Finish with a therapeutic massage of the hands and forearms.

### Simple Polish Change

### 15 minutes \$15+

\$33

When all you need is a new color, we can get you in and out in a hurry. Remember that French Polish is an additional \$10 and requires more time, so let us know if that is what you have in mind. (Does not include clipping, trimming or buffing)

### **Deluxe Foot Treatment**

### 45 minutes \$40

Revitalize weary feet with an invigorating foot soak in our pedicure chair, an exfoliating scrub and therapeutic massage of your feet and lower legs. Finish with your choice of a hydrating hot paraffin dip OR nourishing mud mask for the feet. (Does not include clipping or polish)

### **Express Foot Treatment**

### 30 minutes \$28

Enjoy a relaxing warm foot soak, exfoliating sugar scrub and therapeutic massage of your feet and lower legs. (*Does not include clipping or polish*)

### **Deluxe Hand Treatment**

### 45 minutes \$40

Relax and pamper your hands with a warm bubbly soak, exfoliating crystal scrub and therapeutic massage of your hands and forearms. Finish up with a hydrating hot paraffin dip or mud mask for your hands. (Does not include clipping or polish)

# **Express Hand Treatment:**

# 30 minutes \$28

Includes a warm bubbly soak, exfoliating crystal scrub and therapeutic massage for your hands and forearms. (Does not include clipping or polish)

# **MANICURE & PEDICURE ADD-ONS**

French Polish (added to mani or pedi with polish)	\$10 +
Nail Art	\$10 +
Hot Paraffin Dip for Hands or Feet	\$10
Callous Treatment	\$10
Brilliant Nail Polish Application (added to a mani or pedi)	\$15
Brilliant Nail Polish Removal	\$10
Any Gourmet Drink from the Coffee Bar	ask for pricing
Upgrade to a 'Seasonal Package'	\$10
(includes Latte, Truffle and Take-Home Gift)	

# WAXING SERVICES

Eye Brow Shaping	\$17
Upper Lip Wax	\$17
Chin Wax	\$17
Sides of Face Wax	\$20
Full Face Wax	\$48
Underarm Wax	\$25
Forearm Wax	\$30 +

Toe Wax	\$17 +
½ Leg Wax	\$48 +
Full Leg Wax	\$75 +
Basic Bikini Wax	\$35 +
Bikini Shaping Wax	\$55 +
Brazilian Wax	\$75 +
Stomach Wax	\$20 +
Full Back Wax	\$65 +

# **BRICKHOUSE SPA PACKAGES**

# "Beautiful Me" Spa Package

5 ½ hours \$419

This 5 ½ hour retreat is the most amazing spa package we offer. Imagine spending the entire afternoon enjoying each of our most luxurious and relaxing spa treatments. Complete with rose petals and our seasonal aromatherapy to add the perfect touch. You will also be treated to light appetizers and your favorite latte & truffle from the BrickHouse coffee bar!

Full Body Sugar Scrub to rejuvenate your skin

Your choice of a Mud or Herbal Wrap

60 minute customized Full Body Therapeutic Massage

- 60 Minute BrickHouse Classic Facial with EMINENCE organic skin care
- 60 Minute BrickHouse Signature Spa Manicure OR Brilliant Nails Manicure

(Brilliant Manicure requires professional removal)

75 Minute BrickHouse Signature Spa Pedicure

Hot Paraffin Dips for your hands and feet and the polish of your choice.

# "Oh You Lucky Lady" Spa Package

4 ½ hours \$285

An undeniably perfect combination of four services that will send you to heaven for the afternoon. Add your favorite Latte and Truffle to finish it off with the perfect detail.

- 60 minute customized Full Body Therapeutic Massage
- 60 Minute BrickHouse Classic Facial with EMINENCE organic skin care
- 60 Minute BrickHouse Signature Spa Manicure OR Brilliant Nails Manicure

(Brilliant Manicure requires professional removal)

75 Minute BrickHouse Signature Spa Pedicure

Hot Paraffin Dips for your hands and feet and the polish of your choice.

# "The Perfect Three" Spa Package

3 hours \$208

We have created the perfect combination for this spa package... our three most popular services in a perfect three hour getaway. You'll find that it's just what you need to feel completely relaxed and rejuvenated.

60 minute customized Full Body Therapeutic Massage

60 Minute BrickHouse Classic Facial with EMINENCE organic skin care

50 Minute Classic Pedicure

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# "Taste of Heaven" Spa Package

2 hours \$170

This spa package will truly give you an idea of what Heaven is like! Enjoy a 2 hour retreat that will leave your whole body relaxed, glowing and rich with nourishment.

Full Body Sugar Scrub or Salt Glow

Your choice of a Full Body Mud Wrap or Herbal Wrap

60 Minute customized Full Body Therapeutic Massage

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# "Indulgence" Spa Package

2 ½ hours \$156

The best thing you've done for yourself in a long time... Indulge. This 2 ½ hour spa package is just what you need to relieve stress and immerse yourself in pampering.

60 Minute customized Full Body Therapeutic Massage

35 Minute Classic Manicure

50 Minute Classic Pedicure

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# "Indulgence for Two" Spa Package

2 ½ hours \$312

This side by side spa package for two is an amazing experience for you and someone special. You will enjoy the following spa treatments:

Side by Side customized Full Body Therapeutic Massages

Side by Side Classic Manicures

Side by Side Classic Pedicures

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# "Ladies Choice" Spa Package

2 hours \$133

Pair your favorite two services... your choice! This is always a hit with the ladies!

60 minute Full Body Massage OR a 60 minute Eminence Organic Facial

with your 50 Minute Classic Pedicure.

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# Spa Manicure & Pedicure Package

2 ½ hours \$125

Slip away from stress and let us completely pamper you. We will treat your hands and feet with a tingling soak, exfoliating sugar scrub, 15 to 20 minutes of reflexology massage, clipping, trimming, buffing and your choice of a hot paraffin dip or mud mask. Then finish it off with the polish of your choice!

60 Minute BrickHouse Signature Spa Manicure OR Brilliant Nails Manicure

(Brilliant Manicure requires professional removal)

75 Minute BrickHouse Signature Spa Pedicure

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

### **Classic Manicure & Pedicure Package**

1 ½ hours \$81

Your hands and feet will enjoy a tingling soak, exfoliating sugar scrub, hydrating lotion massage, clipping, trimming, buffing and the polish of your choice!

35 Minute Classic Manicure

50 Minute Classic Pedicure

Upgrade this package to a 'Seasonal Package' for just \$10 more

(includes Latte, Truffle and Take-Home Gift)

# **SPA PARTIES**

A BrickHouse Spa Party is an amazing and unique way to get together with your friends for some special time and much needed pampering. Our beautiful spa party room will be reserved for you and your guests. You will enjoy professional spa services, appetizers, beverages, music and the perfect setting for your get together. Girls Night Out, Bridal Shower, Birthday Party, Anniversary, Company Party... Whatever the occasion, you'll be glad you had your party at the BrickHouse.

All parties includes the use of robes and slippers, light appetizers, gourmet drinks and truffles.

### Classic Sampler Spa Party

## \$59 per person + Gratuity

Approx. 1  $\frac{1}{2}$  hours ~ for 4-6 people

Relaxing 15 Minute Chair Massage

Foot Treatment with soak, scrub and massage

Hot Paraffin Dip for your feet

Hot Paraffin Dip for your hands

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

## Deluxe Sampler Spa Party

## \$79 per person + Gratuity

# Approx. 2 hours ~ for 6-10 people

Relaxing 15 Minute Chair Massage

Foot Treatment with soak, scrub and massage

Hot Paraffin Dip for your feet

Hand Treatment with soak, scrub and massage

Hot Paraffin Dip for your hands

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

# Mini Manicure & Pedicure Spa Party

### \$79 per person + Gratuity

Approx. 2 hours ~ for 3-6 people

30 Minute Pedicure with polish of your choice

Hot Paraffin Dip for your feet

30 Minute Manicure with polish of your choice

Hot Paraffin Dip for your hands

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

(French polish is an extra \$10 and MUST be scheduled at time of booking)

# "Heavenly" Spa Party

# \$99 per person + Gratuity

Approx. 2  $\frac{1}{2}$  hours ~ for 3-6 people

Relaxing 15 Minute Chair Massage

30 Minute Pedicure with polish of your choice

Hot Paraffin Dip for your feet

30 Minute Manicure with polish of your choice

Hot Paraffin Dip for your hands

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

(French polish is an extra \$10 and MUST be scheduled at time of booking)

# "Perfect Retreat" Spa Party

#### \$115 per person + Gratuity

Approx. 2  $\frac{1}{2}$  hours ~ for 3-6 people

30 Minute Relaxing Table Massage

30 Minute Pedicure with polish of your choice

Hot Paraffin Dip for your feet

30 minute Manicure with polish of your choice

Hot Paraffin Dip for your hands

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

(French polish is an extra \$10 and MUST be scheduled at time of booking)

# "Total Indulgence" Spa Party

# \$155 per person + Gratuity

Approx. 3 hours ~ 3-6 people

30 Minute Relaxing Table Massage

30 Minute Pedicure with polish of your choice

Hot Paraffin Dip for your feet

30 Minute Manicure with polish of your choice

Hot Paraffin Dip for your hands

30 Minute Express Facial with Eminence Organic Skincare

(Includes use of robes and slippers, light appetizers, gourmet drinks and truffles)

(French polish is an extra \$10 and MUST be scheduled at time of booking)

Services for Spa Parties are based on staffing and availability. French Polish is an additional \$10 charge and requires an additional 15 minutes per client. Please let us know if you are considering French Polish for your party. We are sorry, but we are unable to offer BrickHouse Brilliant Nail Polish during Spa Parties. A mandatory 15% Gratuity will be added to each Spa Party.

# **GUEST POLICIES:**

# Booking Appointments ~

Our services are booked by appointment only. Please call as far in advance as possible so we can accommodate you. Generally, a few days to one week's notice may be needed.

### Arrival ~

If this is your first visit to the spa, please arrive 15 to 20 minutes early. This will allow plenty of time to fill out a Client Information and Health History, as well as answer any questions you may have.

#### Late arrivals ~

If you happen to arrive late for your appointment, your treatment time may need to be shortened. Our therapists as well as the rooms are often booked for another service immediately after your appointment.

# Insurance Billing ~

We accept most medical insurances for Therapeutic Massage benefits. We will make every effort to collect payment from your insurance company based on the information you have provided to us. In the event we are unable to collect payment, you will assume full responsibility for the payment of services received.

### Promotional Offers ~

The BrickHouse has a variety of different promotional offers that may be available through different customer programs. We are only able to allow you to use one promotional offer per visit. Please choose the one offer that is best for your visit today and save any others for later visits to the BrickHouse.

### Therapists ~

Yes! All of our Therapists and Technicians are licensed. We have both male and female therapists on staff. If you have a preference, please let the receptionist know at the time of booking. Also, if you have enjoyed your experience with a certain therapist in the past, feel free to request them again.

### Cancellations ~

If you need to cancel your appointment, please give as much notice as possible. Less than 24 hours notice of cancellation or any changes to your appointment are subject to a charge of 50%. For large groups, multiple services and appointments valued at over \$100, a credit card deposit for half of the cost is required at booking. Last minute cancellations or no shows will be charged 100% of the service amount.

### What to Expect ~

Generally clients undress completely for massages and spa treatments. Our therapists are trained in professional draping and will keep you covered at all times, exposing only the area of the body that is being worked on.

# Open Communication ~

Your comfort level is our top priority. Therefore at any time, please feel free to let us know if we can adjust any part of your experience to accommodate you, including light, music, temperature, or the pressure of the massage.

### Spa Attire ~

Wear whatever you want to when you come to the BrickHouse. We are a relaxed and comfortable setting. Robes and slippers are provided if you are here for a spa party or if you will be enjoying more than one service during your visit.

### Gratuity ~

A mandatory 15% gratuity will be added to all Spa Parties. On all individual services, gratuity is always appreciated but is not required. Generally 15% to 20% is customary, depending on the quality of your experience.

#### Cell Phones ~

As a courtesy to other guests, we ask that you silence your cell phone and avoid having loud conversations while in the spa.

### Children ~

For the safety of your children, please do not bring them with you unless they have a scheduled appointment.

### The Fine Print ~

Services are by appointment only. A 50% deposit is required on some services. We require 24 hours notice of any cancellation or your deposit/Gift Certificate is forfeited. Gratuity is not included. Most services are available side-by-side. Gift Certificates have no cash value, are non-refundable, are void if lost and must be presented at the time of service. All major credit cards accepted. BrickHouse promotional offers cannot be combined together. Only one offer per person per visit. Other restrictions may apply.

Prices and Services are subject to change Effective 12/2011